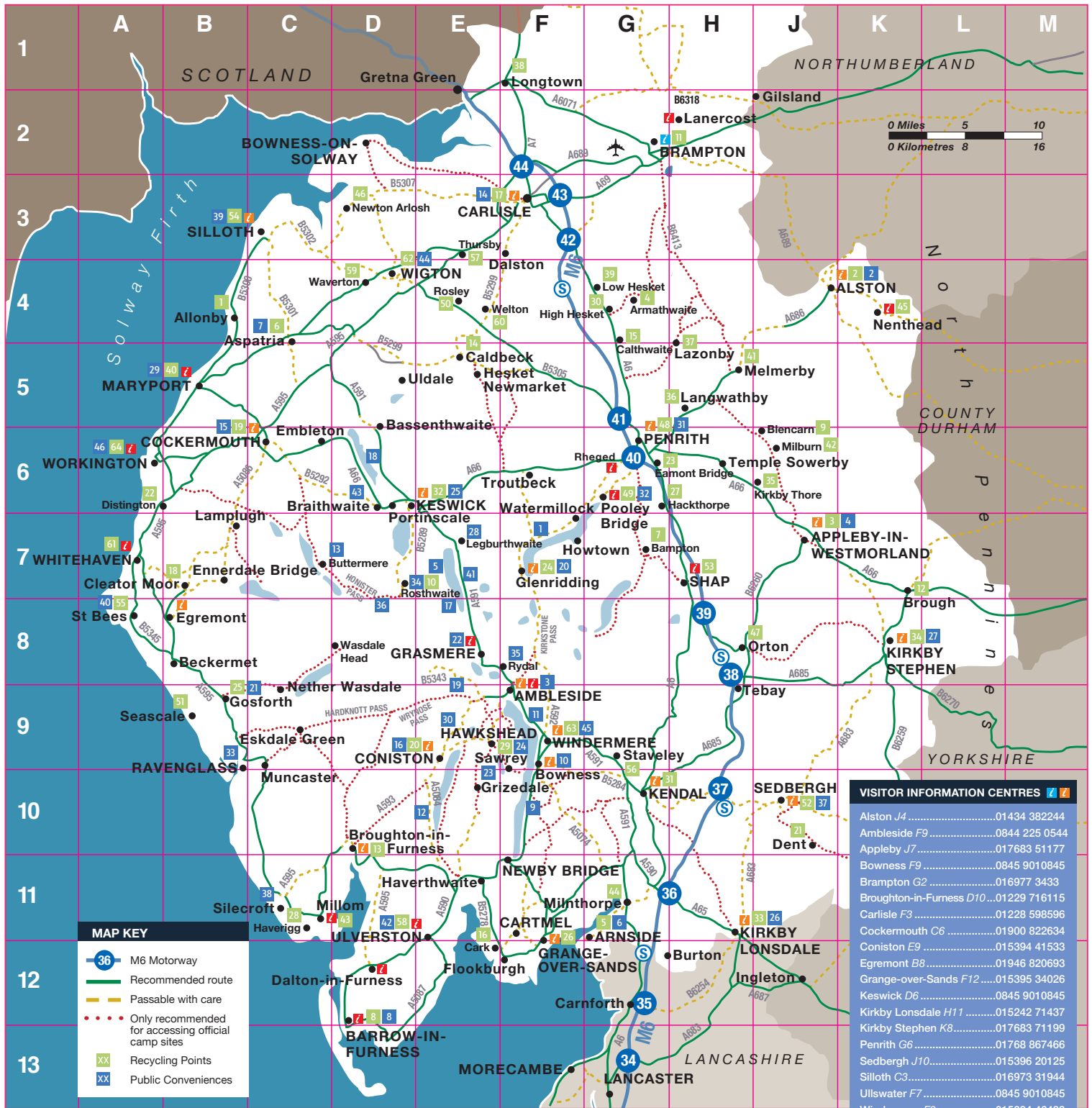


MOTOR CARAVANNERS' FACILITIES MAP



VISITOR INFORMATION CENTRES	
Alston J401434 382244
Ambleside F90844 225 0544
Appleby J7017683 51177
Bowness F90845 9010845
Brampton G2016977 3433
Broughton-in-Furness D1001229 716115
Carlisle F301228 598596
Cockermouth C601900 822634
Coniston E9015394 41533
Egremont B801946 820693
Grange-over-Sands F12015395 34026
Keswick D60845 9010845
Kirkby Lonsdale H11015242 71437
Kirkby Stephen K8017683 71199
Penrith G601768 867466
Sedbergh J10015396 20125
Silloth C3016973 31944
Ullswater F70845 9010845
Windermere F9015394 46499

VISITOR INFORMATION POINTS	
Barrow D1201229 876557
Dalton D1201229 464000
Grasmere E8015394 35475
Hadrian's Wall H2016977 41267
Maryport B501900 817760
Millom C1101229 772555
Nenthead K401434 408040
Rhaged G601768 860034
Pooley Bridge G601768 486627
Shap H701931 717539
Ulverston E1101229 585778
Waterhead F9015394 43360
Whitehaven A701946 592302
Workington A601900 706170

- Roads with bends, gradients or restricted width which require additional consideration and caution**
- A591 Bothel to Keswick:** very narrow at Mirehouse.
 - A592 Kirkstone Pass:** caution needed as large vehicles cannot pass one another on several stretches on both sides of the pass.
 - A593 Ambleside to Coniston:** between Clappersgate and Skelwith Bridge narrow with passing places. Narrow over bridge. Special care needed between Skelwith Bridge and Coniston.
 - A595 Dalton to Silcroft:** From Kirkby-in-Furness very narrow to Grizebeck, particular care over last quarter mile into Grizebeck. Between The Green and Silcroft care needed.
 - A684 Kendal to Sedbergh:** Low bridge when leaving Kendal 12' 3" - follow signed large vehicle route. Hairpin bend on hill. Over motorway down to River Lune Bridge extreme care needed as this bridge is very narrow.
 - A5074 Gilpin Bridge to Bowness-on-Windermere:** Road starts wide and flat but narrows extremely as soon as road begins to climb after approximately 1.5 miles.
 - Very narrow past Damson Dene Hotel and through Winster village until the road approaches Bowness-on-Windermere.
 - A5084 Ulverston to Torver:** Very narrow at Water Yeat. Bad bend approaching Torver.
 - A5086 Egremont to Cockermouth:** Narrow in places. Caution needed.
 - A5091 Matterdale to Ullswater:** Very narrow between Dockray and Matterdale.
 - A5092 Duddon Bridge:** Traffic light controlled bridge, then extreme care from bridge through Duddon Bridge Farm and up Buckman Brow Hill.
 - B5285 Coniston to Hawkshead and Hawkshead to Clappersgate:** Due to difficulties when encountering oncoming traffic drivers are encouraged to travel from Coniston to Hawkshead and not the other way round. Approximately 1 mile after leaving Coniston the road narrows through a series of bends where it is not possible to pass other large vehicles. Extreme caution needed along all of this route.
 - B5289 Buttermere:** This is not recommended for larger vehicles.

For information regarding road closures and works visit www.cumbria.gov.uk/roadworks
 Know before you go, visit www.saferlakes.co.uk to find out which car parks and areas of the county are busy.

SEASONAL *possible limited opening during winter months
 OPEN ALL YEAR*
 ALL INFORMATION CORRECT AS OF SPRING 2021

WASTE RECYCLING POINTS Cumbria has a number of places to dispose of grey and black waste. Visit www.visitlakedistrict.com/vanlife for the up-to-date list.

No.	Location	Postcode	Grid Ref.
1	Allonby, by the Public Conveniences	CA15 6PT	B4
2	Alston, Tyne Willows	CA9 3HZ	J4
3	Appleby, Broad Close Car Park	CA16 6QR	J7
3	Appleby, Primary School	CA16 6TX	J7
4	Armathwaite, Primary School	CA4 9PN	G4
5	Arnside, Black Dyke Road, lay-by near railway	LA5 0HH	G11
6	Aspatria, Queen Street Car Park	CA7 3AR	C4
7	Bampton, Bampton Memorial Hall	CA10 2RS	G7
8	Barrow-in-Furness, Corner House Park, Hindpool Road	LA14 2NE	D12
8	Barrow-in-Furness, The Strand	LA14 2HF	D12
9	Blencarn, Village Hall	CA10 1TX	J6
10	Borrowdale, Scafell Hotel	CA12 5XB	D7
11	Brampton, Union Lane Car Park	CA8 1BX	G2
12	Brough, lay-by at west end of Main Street	CA17 4AY	K7
13	Broughton-in-Furness, Foxfield Road	LA20 6BN	D10
14	Caldbeck, Parish Hall, Upton	CA7 8EU	E5
15	Calthwaite, Globe Inn	CA11 9QT	G4
16	Cark, Railway Station Car Park	LA12 8AS	E12
17	Carlisle, Bousteads Civic Amenity Site, Rome Street	CA2 5LG	F3
18	Cleator Moor, Co-op Supermarket	CA25 5QA	B7
19	Cockermouth, Sullart Street Car Park	CA13 0DZ	C6
19	Cockermouth, Kirkgate Centre Car Park	CA13 9PJ	C6
20	Coniston, Lake Road	LA21 8HT	E9
21	Dent, Main Car Park	LA10 5QP	J10
22	Distington, Main Street Car Park	CA14 5UJ	B6
23	Eamont Bridge, The Crown Inn	CA10 2BX	G6
24	Gosfording, Lake District National Park Car Park	CA11 0PA	F7
25	Glenforth, Main Car Park	CA20 1AR	B9
26	Grange-over-Sands, Berners Close Car Park	LA11 7DQ	F12
27	Hackthorpe, Lowther Village Hall	CA10 2HT	G6
28	Haverigg, Foreshore	LA18 4ES	C11
29	Hawkshead, Main Car Park	LA22 0NT	E9
30	High Hesketh, Primary School	CA4 0HU	G4
31	Kendal, Morrisons Supermarket	LA9 6DU	G10
31	Kendal, Asda Supermarket	LA9 7JA	G10
32	Keswick, Otley Road Car Park	CA12 5LE	D6
33	Kirkby Lonsdale, Booths Supermarket	LA6 2HG	H11
34	Kirkby Stephen, Hobsons Lane	CA17 4RN	K8
35	Kirkby Thore, Memorial Hall	CA10 1XW	J6

No.	Location	Postcode	Grid Ref.
36	Langwathby, Village Hall	CA10 1NQ	H5
37	Lazonby, Eden Bridge Car Park	CA10 1BL	H5
38	Longtown, Longtown Community Centre, Arthuret Rd	CA6 5SJ	F1
39	Low Hesketh, Village Hall	CA4 0ES	G4
40	Maryport, Maryport HWRC, Solway Ind. Estate	CA15 8NT	B5
41	Melmerby, Village Hall	CA10 1HD	H5
42	Milburn, Fell Lane	CA10 1TN	J6
43	Milom, Tesco Supermarket, Lancashire Road	LA18 4BX	C11
44	Milnthorpe, Park Road Car Park	LA7 7QR	G11
45	Nenthead, next to Wright's Garage	CA9 3NP	K4
46	Newton Arlosh, Joiners Arms	CA7 5ET	D3
47	Orton, Primary School	CA10 3RG	H8
48	Penrith, Kilgour Street	CA11 7FD	G6
48	Penrith, Morrisons Supermarket	CA11 7JU	G6
49	Pooley Bridge, Lake District National Park Car Park	CA10 2NP	G6
50	Rosley, Rosley Village Hall	CA7 0LU	E4
51	Seascale, Foreshore Car Park	CA20 1PZ	B9
52	Sedbergh, Joss Lane Car Park	LA10 5AS	J10
52	Sedbergh, Spar Shop	LA10 5DL	J10
53	Shap, Memorial Hall	CA10 3LY	H7
54	Silloth, North View Car Park	CA7 4AW	C3
55	St Bees, Foreshore	CA27 0ET	A8
56	Staveley, Alec Row Car Park	LA8 9LU	G9
57	Thursby, Crofton Mission Hall	CA5 6QB	E3
58	Ulverston, Outdoor Leisure Complex	LA12 9HT	E11
59	Waverton, Village Hall	CA7 0AE	D4
60	Welton, Village Green, Welton	CA5 7ES	E4
61	Whitehaven, Morrisons Supermarket	CA28 7RW	A7
61	Whitehaven, Tesco Supermarket	CA28 7XT	A7
62	Wigton, Co-op Car Park, Station Road	CA7 9BA	D4
62	Wigton, Syke Park HWRC	CA7 9NE	D4
63	Windermere, Booths Supermarket	LA23 1QA	F9
63	Windermere, Broad Street Car Park	LA23 2AB	F9
64	Workington, Clay Flatts Industrial Estate HWRC	CA14 3YA	A6
64	Workington, Tesco Store, New Bridge Road	CA14 3YG	A6

Please note, the postcode may not take you to the exact site and is for guidance only. Most recycling centres should be accessible for larger vehicles or have parking nearby which is. Please use your judgement when approaching the site as to whether it is appropriate for your vehicle.

PUBLIC CONVENIENCES

No.	Location	Postcode	Grid Ref.
1	Aira Force	CA11 0JS	F7
2	Alston, Alston Town Hall, Front Street	CA9 3RF	J4
3	Ambleside, Low Fold	LA22 0DN	F9
3	Ambleside, Rydal Road	LA22 9AY	F9
3	Ambleside, Waterhead	LA22 0ES	F9
4	Appleby-in-Westmorland, Broad Close Car Park, Chapel Street	CA16 6QR	J7
5	Armbroth Car Park	CA12 4TW	E7
6	Arnside, The Promenade	LA5 0HD	G11
7	Aspatria, St Mungos' Park	CA7 3JF	C4
8	Barrow-in-Furness, West Shore Car Park	LA14 3YT	D12
9	Beech Hill	LA23 3PR	F10
10	Bowness, Braithwaite Fold	LA23 3HB	F9
10	Bowness, Ferry Nab	LA23 3BF	F9
10	Bowness, Quarry Mount	LA23 3HE	F9
10	Bowness, Rayrigg Road	LA23 3BZ	F9
11	Brookhole	LA23 1LJ	F9
12	Brown Howe	LA12 8DW	E10
13	Buttermere	CA13 9XA	C7
14	Carlisle, City Centre	CA3 8QG	F3
15	Cockermouth, Bitterbeck Car Park, Kirkgate	CA13 9NJ	C6
16	Coniston Boating Centre	LA21 8AN	E9
16	Coniston, Ruskin Ave	LA21 8EH	E9
17	Dobgill Car Park	CA12 4TW	E8
18	Dodd Wood	CA12 4QE	D6
19	Elterwater, Stickle Gyll Langdale	LA22 9HU	E8
20	Glenridding	CA10 2NE	F7
21	Gosforth, Gosforth Car Park, Whitecroft	CA20 1AR	B9

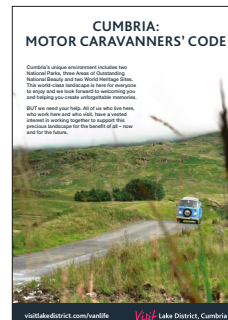
No.	Location	Postcode	Grid Ref.
22	Grasmere, Stock Lane	LA22 9SJ	E8
23	Grizedale Visitor Centre	LA22 0QQ	E10
24	Hawkshead	LA22 0NT	E9
25	Keswick, Bell Close	CA12 5JD	D6
25	Keswick, Lakeside Car Park	CA12 5DG	D6
26	Kirkby Lonsdale, Devil's Bridge	LA6 2AE	H11
27	Kirkby Stephen, Stoneshop	CA17 4QU	K8
28	Legburthwaite	CA12 4TW	E7
29	Maryport, The Harbour, Irish Street	CA15 8AY	B5
30	Monk Coniston	LA21 8AH	E9
31	Penrith, Castle Park, Ullswater Road	CA11 7EG	G6
32	Pooley Bridge	CA10 2NW	G6
33	Ravenglass	CA18 1SQ	B10
34	Rosthwaite	CA12 5XN	D7
35	Rydal, White Moss (Upper)	LA22 9SE	F8
35	Rydal, White Moss (Lower)	LA22 9SE	F8
36	Seatoller	CA12 5XN	D8
37	Sedbergh, Main Street	LA10 5AD	J10
38	Silecroft, The Shore	LA18 4NY	C11
39	Silloth, Skinburness	CA7 4QE	C3
40	St Bees, Beach Car Park	CA27 0EY	A8
41	Swirls Car Park	CA12 4TW	E7
42	Ulverston, The Gill	LA127BJ	E11
43	Whinlatter Visitors Centre	CA12 5TW	D6
44	Wigton, Market Hall	CA7 9AA	D4
45	Windermere, Rayrigg Meadow	LA23 1BP	F9
46	Workington, Town Centre	CA14 3DZ	A6

DISTANCES

APPLEBY																							
35	ALSTON																						
42	53	AMBLESIDE																					
62	87	32	BARROW-IN-FURNESS																				
46	57	6	26	BOWNESS-ON-WINDERMERE																			
39	19	58	93	63	BRAMPTON																		
59	85	26	20	21	82	BROUGHTON-IN-FURNESS																	
45	69	22	22	16	75	18	CARK-IN-CARTMEL																
32	28	52	85	55	10	81	68	CARLISLE															
43	50	31	62	36	35	50	52	26	COCKERMOUTH														
55	59	8	24	13	61	37	29	60	37	CONISTON													
41	48	4	36	10	54	31	26	49	27	8	GRASMERE												
50	58	5	28	10	70	28	26	57	35	11	9	HAWKSHEAD											
36	52	14	35	11	58	30	18	52	44	21	18	18	KENDAL										
29	36	16	47	22	41	45	37	36	15	21	13	21	29	KESWICK									
48	58	26	40	23	65	35	23	60	69	33	30	30	14	42	KIRKBY LONSDALE								
63	70	14	19	9	75	16	9	70	45	18	19	19	17	30	23	LAKESIDE							
51	55	38	70	44	37	51	59	28	8	53	34	44	51	22	77	52	MARYPORT						
14	20	33	64	38	27	68	51	22	31	38	29	37	29	17	40	51	38	PENRITH					
47	51	50	83	65	33	63	84	23	20	67	46	56	80	34	73	65	12	35	SILLOTH				
65	77	22	10	16	83	11	11	77	52	14	26	26	24	37	30	9	59	58	71	ULVERSTON			
57	64	45	56	50	47	57	53	39	15	45	40	59	58	27	83	51	16	45	27	48	WHITEHAVEN		
32	56	5	27	1	58	25	17	57	35	12	9	9	9	21	21	10	43	37	55	17	49	WINDERMERE	
51	57	38	60	44	41	44	59	33	8	43	34	43	52	22	76	52	7	38	19	58	9	42	WORKINGTON

HELP IS AT HAND

For more information visit:
www.visitlakedistrict.com/vanlife



Help us look after this amazing place. Donate today.

Text **LOVELAKES** to 70085 and donate £5.

Texts cost donation plus one standard rate message.

We can't wait to welcome you!